

The Official News Letter of Indian Orthodontic Society

Reach us @ editoriostimes@iosweb.net

***Congratulations to Guwahati Orthodontic Study Group,
Orthodontic Study Group of Lucknow
and
Jammu & Kashmir Orthodontic Study Group***





President's Message

Dear Esteemed Members of the IOS Fraternity,

I trust this message finds you well. I hope each one of you had a joyous Diwali, the festival of lights, surrounded by warmth and happiness. In the spirit of celebration, the Indian Orthodontic Society (IOS) marked this festive month with activities that brought joy to our members.

As we embark on the activities planned for IOS this year, our primary focus remains on the academic enrichment, translational research, and clinical excellence of both our life members and student life members. We aim to achieve this through a thoughtful blend of curricular and extracurricular engagements.

The strength of our society lies in its constant growth, and I am pleased to share that our membership has now reached an impressive count of almost 13,000 individuals. Beyond our flagship event, the Indian Orthodontic Conference (IOC), held annually, we recognize the need for more local and regional events. These events play a crucial role in fostering participation from members across the country. It is imperative to organize region-wise/state-wise events to encourage members in each zone to actively organize, conduct, and partake in IOS Head Office's calendar events.

In an exciting new development, IOS has initiated the practice of conducting regional symposia. The inaugural North East Orthodontic Symposium in Guwahati, orchestrated by the Guwahati Orthodontic Study Group, and the First Jammu & Kashmir Orthodontic Symposium in Jammu, skilfully organized by the Jammu Orthodontic Study Group, have set a precedent for locally-driven symposia. I anticipate that this trend will persist, fostering scientific discussions and camaraderie among our members.

In line with our commitment to continuous learning, the Aligner Master Class webinar held in November received overwhelming approval from our members. Another noteworthy event was the First Functional Jaw Orthopaedic Workshop in Lucknow, a concept pioneered by the Orthodontic Study Group of Lucknow and Sardar Patel Post Graduate Institute of Dental & Medical Sciences. This workshop delved into the intricacies of Growth Modulation, offering a unique learning experience.

A surge in public awareness activities conducted by our members last month was truly commendable. It is our collective hope that such initiatives become a consistent effort rather than a fleeting occurrence. The more we enlighten the general public about orthodontics, the greater the benefit to our profession and society. Let us strive to establish orthodontists as the go-to professionals for addressing dental irregularities and dentofacial deformities. The targeted phrases for Public Awareness should be "Orthodontics by orthodontists only" and "Orthodontic Treatment in Clinical Set up only."

As we approach the month of December, the final chapter of 2023, I look forward to a vibrant array of curricular and extracurricular activities within IOS.

Jai Hind! Jai IOS!!

Warm regards

Dr. Jayesh S. Rahalkar

President, Indian Orthodontic Society



Secretary's Message

Dear Members,

As we step into the vibrant hues of November, we present another enriching edition of IOS Times, the voice of the Indian Orthodontic Society.

This month, we embark on a journey through the insightful interviews with seasoned orthodontists, unveiling their experiences and expertise. Join us in celebrating the remarkable functional workshop at Lucknow, a testament to the dedication thriving in our community.

We witnessed history unfold as we cover the First Orthodontic symposium in Jammu and Kashmir, an event that marks a significant milestone in our field's geographical reach.

In our special segment, "Authors Amongst Us," we bring you a captivating interview with a distinguished author orthodontist, offering a glimpse into the minds behind the literature that shapes our profession.

As we continue our commitment to keeping you informed and inspired, I invite you to immerse yourself in the diverse and enriching content curated exclusively for you in this November edition of IOS Times.

Happy reading!

Dr Sanjay Labh

Hon Secretary
Indian Orthodontic Society



Editor's Message

As we bid farewell to the hues of November and welcome colourful December, it brings me immense pleasure to introduce the November issue of our newsletter. This issue is particularly special as it's the last released issue of this year.

This issue marks a significant highlight in our editorial calendar as we shine a spotlight on remarkable events that have graced the orthodontic landscape at

- 1) North-East Orthodontic Symposium Guwahati
- 2) Jammu & Kashmir Orthodontic Symposium
- 3) Functional appliance workshop at Lucknow.
- 4) Orthodontist month activities conducted throughout the country.

Our journey through this issue begins with a comprehensive coverage of the North-East Symposium conducted by the Guwahati Orthodontic Study Group.

The symposium brought together brilliant minds from the orthodontic community, fostering knowledge exchange, collaboration, and sense of unity among orthodontic professionals across the 7 states of North East India for the first time .

Turning our focus to the picturesque region of Jammu & Kashmir, we are privileged to showcase this symposium that encapsulates the spirit of this vibrant community. In the pristine beauty of Jammu & Kashmir, orthodontic practitioners have been weaving a narrative of excellence. The unique aspects of orthodontic practices were showcased in this picturesque part of our country by the Jammu Kashmir orthodontic study group

This issue also shines a spotlight on the Functional appliance workshop at Lucknow , where functionality meets excellence. Gaining insights into the program's approach to incorporating functional aspects into orthodontic practice, enhancing not just aesthetics but also the overall oral health and well-being of our patients

As we collectively step into the winter season, let this companionship offer warmth through shared knowledge and insights. Let your active contributions continue to be the heartbeat of our orthodontic community .

Thank you for your continued support, and may this December be a source of inspiration, reflection, and celebration for each one of you.

Warm regards,

Dr. Santosh Ramegowda

Editor , IOS Times

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Dr. Kanhoba M. Keluskar
The Belagavi's Big Wig !!

@ Maangalya Auditorium, Subharti University (Meerut, Uttar Pradesh)

The Childhood Days...

Dr. Keluskar was born on 7th June, 1967 and did his primary schooling from Government Marathi Medium School. Later in life, he went on to complete his high school from Government Chintamanrao Marathi Medium High School. Then he joined G.S.S. Pre University College for his +1 and +2 but as his basic education was from Marathi medium, it was difficult to understand and learn all the subjects in the English language. He wasn't aware of the seriousness of the impact that this knowledge would have on his further education.



The 'Keluskar' in making...

His father was a dental surgeon and because of him only, he started developing interest in Dentistry and ultimately chose it as a profession. Because of the best teachers and his father around him, he held Distinction for three consecutive years and stood First in the Final University Examinations of BDS. He was awarded a Gold Medal by Karnataka University after the Final year results and the honours were done by Dr. Jayade.

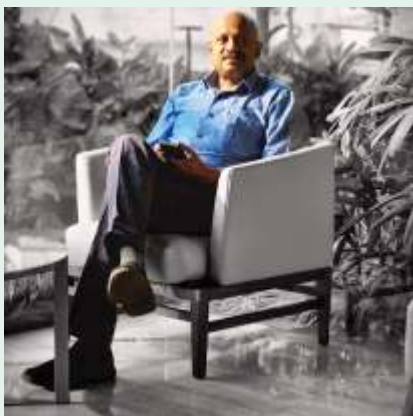




He had a certain inclination towards Prosthodontics as a specialization but because of his mentor and teacher, Dr D.V. Nadgir (a prosthodontist), he chose Orthodontics as his specialty. As he chose this esteemed specialty, he bought his first camera for keeping the adequate documentations & records and hence from there on, he developed interest in photography and later he made it a hobby.

Family comes first...

He is happily married to Dr. Vaishali who did her post-graduation in Oral Medicine & Radiology and currently the Professor & Head at K.L.E. Dental College, Belgaum. His elder daughter, Dr. Revati has completed her B.D.S. degree and is currently doing Fellowship in Orthodontics at University of Illinois, Chicago. His second daughter Arya has finished B.E. in Computer Sciences and is currently working in Mercedes Benz Research and Development Wing, Bangalore.



Work Experiences & Services...

After completing his BDS in the year 1990, he served as a junior lecturer at K.L.E. Dental College, Belgaum for one year. After this he joined MDS in the year 1991. After finishing his post-graduation, he joined as Assistant Professor in Department of Orthodontics & Dentofacial Orthopedics, K.L.E. Dental College, Belgaum in the year 1994.

He served as the Head of the Department, Dean - Faculty of Dentistry (rotatory post) and post rotation; he is currently working as Professor in the same institute. In the meanwhile, he did his PhD in Facial Proportions and



Anthropometry. He has a special interest in surgical orthodontics and computer applications in orthodontics.

And the Credit goes to...

He gives all the credit to his mentor and PG guide, Dr. S. B. Shetye. He considers him as his idol in Orthodontics. "The words are not enough for me to describe this multi-faceted personality, I am falling short of words" (smiles confidently)

The drive towards Success...

"To be frank with you, achievements are many but I have not worked hard to achieve any of these. I am a very lazy person. But most of the things which I have achieved are because of my hand skills and theoretical knowledge which leads me to practice correlation with logic and common sense" (smirks silently)

Stint in Indian Orthodontic Society...

He has been elected as an Executive Committee Member of Indian Orthodontic Society at several times. He had this fortune of organizing a Post-Graduation Convention at Belgaum. He was also a Scientific Chairperson of 51st Indian Orthodontic Conference, Goa.

Words of Wisdom...

Youngsters have to learn one thing that hard work is the key to success. The eagerness to learn, acquiring newer knowledge & understanding technology; continuous updating your theoretical aspects, self-discipline and ethical conduct are the mantras of a successful living.







FIRST FUNCTIONAL JAW ORTHOPEDICS NATIONAL WORKSHOP

Host: Department of Orthodontics, Sardar Patel Post Graduate Institute of Dental & Medical Sciences, Lucknow



The “First Functional Jaw Orthopedics National Workshop: Growth Modification, Transforming Smiles” was held on 23rd and 24th November, 2023 at Sardar Patel Post Graduate Institute of Dental and Medical Sciences, Lucknow with great elan and dynamism, under the aegis of Indian Orthodontic Society.

The two-day event was meticulously orchestrated by the Organizing Committee, led by Dr. Sudhir Kapoor (Organizing Chairman and Director, Department of Orthodontics, SPPGIDMS), Dr. Raj Kumar Jaiswal (Organizing Secretary, Director CDE, Student Welfare & Creative Head, Department of Orthodontics, SPPGIDMS and Convener, OSGOL), Dr. Jitendra Bhagchandani (Scientific Convener, Head of Department, Orthodontics, SPPGIDMS and Executive Committee Member, IOS), Dr. Vaibhav Vashishta (Treasurer), Dr. Amit Kumar Singh (Convener Trade), Dr. Tushant Rastogi (Convener Hospitality), Dr. Ayushi Singh (Convener Reception), Dr. Stuti Raj (Convener Souvenir)

Reported By:
Dr. Jitendra Bhagchandani
Section Editor



and Dr. Mudit Agarwal (Co-Convener Hospitality) also played crucial roles in various capacities, ensuring the seamless execution of the workshop.

The event received unwavering support and guidance from the Esteemed Members of the Management, SPPGIDMS; Chairman Shri Anurag Singh, Secretary Dr. Snehlata Singh, Mr. Shlok Singh, Principal Dr. Gaurav Singh, Managing Director Dr. Arohan Singh, Advisor Dr. Hanuman Singh and C.E.O Shri C.P. Verma.

The Workshop witnessed registrations of 127 Life Members and Student Life Members pan India. Distinguished clinicians and academicians from across the nation provided insightful Guest

Lectures on Functional Jaw Orthopedics especially for post graduate students from examination perspective and also enhancing the learning experience for the attending delegates.

The occasion was adorned by the esteemed presence of Dr. Jayesh Rahalkar, President; Dr. Sanjay Labh, Hon. Secretary and Dr. Puneet Batra, President-Elect of Indian Orthodontic Society. These distinguished individuals not only attended the event but also graced it with their eloquence as Guest Speakers. Dr. Pradeep Tandon, Dr. Sudhir Kapoor, Dr. M.S. Kannan, Dr. Amesh Golwara, and Dr. Ankit Sikri graced the occasion as part of the esteemed line-up of Guest Speakers, adding to the event's allure.

Day 1 (23/11/2023; Thursday) began with an engaging lecture by Hon. Secretary, IOS; Dr. Sanjay Labh on the topic Neurophysiological basis of Functional Appliance. The delegates delved into the intricacies of the topic and it was a fitting start to the ensuing 2 day scientific feast.

President, IOS; Dr. Jayesh S Rahalkar enlightened the attendees on Biomechanics of Functional Appliances highlighting the significance of understanding the basic biomechanical principles behind the functioning of Myofunctional Appliances.



An E-Poster competition was also organized which was co-ordinated by Dr. Pratik Chandra (Executive committee Member, IOS) and adjudged by Dr. Tripti Tikku (Professor, BBDCODS, Lucknow and Ex Convener, OSGOL), Dr. Kamlesh Singh (Professor, Saraswati Dental College, Lucknow and Ex Convener, OSGOL) and Dr. Shirish Srivastava (Prof and Head, Chandra Dental College, Lucknow which had an enthusiastic participation by the attending student delegates. 1st place was bagged by Dr. Malik Sadah (1st year MDS; SPPGIDMS; 2nd place was shared between Dr. Balaji Ravi (3rd year MDS; KGMU) and Dr. Charu Srivastava (3rd year MDS; Azamgarh Dental College) while the 3rd place was bagged by Dr. Osama Bin Shams (3rd year MDS; Career Dental College)



The Inaugural ceremony was presided over by the distinguished Chief Guest, Hon'ble Vice-Chancellor, Atal Bihari Vajpayee Medical University, Dr. Sanjeev Misra who graced the occasion and lauded the meticulous arrangements and flawless organization of the event. Principal, SPPGIDMS, Dr. Gaurav Singh addressed the audience and extended his best wishes for the success of the event. The luminaries and stalwarts of Indian Orthodontic Society, Hon'ble President Dr. Jayesh Rahalkar and Hon. Secretary, Dr. Sanjay Labh were felicitated and honoured. Hon. Secretary, IOS adorned the Jewel of IOS to the President, IOS at the beginning of the Inaugural Ceremony. Esteemed Senior Orthodontists, Head of Departments from various dental colleges of Lucknow, Executive



Committee members of Indian Orthodontic Society, Conveners OsGOL and student delegates were part of the glorious ceremony.

Dr. VP Sharma, Past President, IOS 2003-04 and Former HOD, KGMU was felicitated for his contribution to Indian Orthodontic Society and the profession of Orthodontics. Dr. BC Roy Awardee Dr Pradeep Tandon (Former HOD, KGMU) was also felicitated during the Inaugural Ceremony for his contribution to the field of Orthodontics.

The final lecture on Day 1 was delivered by Dr. M.S. Kannan, Professor and Head at Balaji Dental

College, Chennai. His discourse on the Evolution of Fixed Functional Appliances proved to be an exceptionally enriching treasure trove of knowledge for the delegates in attendance, adding a valuable dimension to their learning experience.

A delightful dinner was hosted the same evening by the Conveners of Orthodontic Study Group of Lucknow, Dr. Ram Autar, Dr. Raj Kumar Jaiswal and Dr. Sulabh Grover in the honour of the visit of Hon'ble President, Hon. Secretary and President Elect Indian Orthodontic Society at the Lucknow Golf Club. It was a wonderful occasion, with numerous orthodontists from across Lucknow attending and relishing the dinner.

Day 2 (24/11/2023; Friday) had a slew of lectures with Senior Orthodontist, Dr. Pradeep



Tandon (Professor and Dr. B.C. Roy Awardee) presented a captivating lecture on the Introduction, Mode of Action, and Studies associated with the Twin Block, providing invaluable insights beneficial for postgraduate examination preparation.

Dr. Amesh Golwara (Professor and Head, Buddha Dental College and Hospital, Patna) presented his lecture on Case Selection Criteria, shedding light on the intricacies of the subject and imparting valuable knowledge to the students.

Dr. Puneet Batra, (President-Elect, Indian Orthodontic Society; Principal and Head of Department, Manav Rachana Dental College, Faridabad) showcased the techniques for Bite Registration, proving to be exceptionally beneficial for post graduate practical examinations.



Dr. Sudhir Kapoor, the Organizing Chairman of the Workshop, delivered a captivating lecture on the Standard Twin Block Appliance and its Adjustments. Dr. Ankit Sikri (Professor & PG Guide, Guru Nanak Dev Dental College, Sunam and Section Editor (IOS Times) presented an intriguing lecture titled 'Win the Twin' focusing on the troubleshooting and clinical management of the Twin Block Appliance.

The Workshop came to a close with a live demonstration covering the Construction Bite Record and Appliance Fabrication by Resource Faculty for Wire Bending, Dr. Aftab Azam (Professor, Sarsawati Dental College and Hospital) and Table Coordinators, Dr. Shantanu Khatri, Dr. Madhavi Bhardwaj, Dr. Kamna Srivastava, Dr. Snehlata Verma, Dr. Sulabh Grover and Dr. Prachi Goel who ably supported the of Hands on Demonstrations.

A Valedictory Ceremony in presence of President Elect, Indian Orthodontic Society, Dr. Puneet Batra followed during which all Guest Speakers received accolades and participation certificates were distributed to all attendees.

The two-day workshop and lectures were not just intellectually stimulating but also executed with exceptional precision. This triumph is a testament to the unwavering dedication and hard work of Organizing Committee under the able guidance of esteemed Principal Office Bearers of IOS. Sardar Patel Post Graduate Institute of Dental and Medical Sciences, Lucknow looks forward to more such milestones and ground-breaking initiatives and the Department too aspires to host a plethora of programs and workshops in the near future.

Jai Hind

Jai IOS



Scan for more photos





FIRST J&K ORTHODONTIC SYMPOSIUM CONTEMPORARY ORTHODONTICS

The vibrant city of Jammu witnessed “1st National Orthodontics Symposium” event on the 25th and 26th of November 2023. Hosted at the prestigious Radisson Blu, this symposium marked a significant milestone, setting the stage for a continuous exchange of ideas and expertise in the field of orthodontics. Organized by the JOSG in collaboration with the Department of Orthodontics IGGDC, Jammu. The symposium bore testament to the dedication of its organizers, led by the visionary HOD Dr. Akshay Gupta and his dynamic team.

The symposium served as a melting pot of knowledge, where seasoned professionals, budding orthodontists, and dental enthusiasts converged to explore the latest trends, breakthroughs, and challenges in orthodontic practice. The picturesque venue of Radisson Blu on the land of rich culture, Jammu provided a fitting backdrop for this intellectual extravaganza.

The Event started with an Enlightening Lecture by Dr Surya Kant Das on In Office Aligner Planning which was an example of Seamless expertise and clarity. His Naunched approach and engaging delivery made a complex topic easily comprehensible leaving the audience inspired for what is to come.

The inaugural ceremony was started after welcoming the dignitaries on dais and by adorning IOS president Dr Jayesh Rahalkar with the presidential jewels by Dr Sreedevi Padmanabhan.

Chief Guest Shri Rajeev Rai Bhatnagar (Advisor to Lt. Governor J&K) brought an air of prestige to the

symposium, symbolizing the wider recognition of the critical role orthodontics plays in healthcare and congratulate Dr Akshay Gupta (HOD Orthodontics IGGDC, Jammu) And JOSG for organizing such a ground-breaking event for the first time at Jammu, the land of cultural diversity His presence marked the importance of collaboration between different spheres for the betterment of dental care.

As the President of the Indian Orthodontic Society (IOS), Dr. Jayesh Rahalkar, our esteemed Guest of Honour, added a layer of wisdom and experience to the event. His





commitment to advancing orthodontic education and practices has been exemplary, and his insights promise to shape the discussions and discoveries that will unfold over the course of the symposium.

Dr. Ritu Duggal, another Guest of Honour, graced the occasion with her expertise, contributing to the richness of perspectives that the symposium aims to offer. Her commitment to pushing the boundaries of orthodontic science and patient care aligns perfectly with the symposium's mission of exploration and innovation.

Behind the scenes, the success of the symposium rests on the shoulders of its dedicated organizers. Dr. Akshay Gupta, as the Organizing Chairman, has displayed exemplary leadership, ensuring that every detail is finely tuned for a seamless experience. Scientific Chairman Dr. Rishabh Gupta has curated a program that promises a blend of cutting-edge research and practical insights.

The financial intricacies, crucial to any event, are skillfully managed by Treasurer Dr. Assem Sharma. His meticulous approach ensures that the symposium remains not just a gathering of minds but a sustainable platform for the future. Organizing Secretary Dr. Rohit Gupta has been the backbone of the operation, orchestrating the logistics that make such a grand event possible. Together, these individuals crafted an environment where knowledge flows freely, ideas spark, and collaborations flourish. The inaugural day set a high bar, promising that the symposium will be a crescendo of learning, networking, and celebration.

One of the main highlights of the Inauguration was the Launch of the Symposium Souvenir by All the Esteemed Dignitaries. At the End of the Inauguration Ceremony All the Esteemed Dignitaries were Felicitated with Momentos and Gifts as a token of Appreciation For their Valuable contribution towards the Success of the Event.

Title: **"Symphony of Knowledge on Malocclusion- class 2 and class 3 : Orthodontic Symposium Session 2"**

The Orthodontic Symposium's second session unfolded as a harmonious blend of wisdom and expertise, leaving attendees enriched and inspired. Dr. Ritu Duggal, the distinguished Head of Orthodontics at AIIMS, illuminated the stage with her insights on Class 2 malocclusion, crafting a narrative that seamlessly combined theory and practice.

Dr. Duggal's session was a journey into the heart of orthodontic intricacies. As she shared her experiences and knowledge, the audience was captivated by the spectrum of Class 2 malocclusion and the diversity of case presentations. Her ability to weave together theoretical foundations with practical applications provided a comprehensive understanding, catering to both seasoned practitioners and those new to the field.



The symposium continued its exploration of malocclusions with Dr. S P Singh (Professor unit of Orthodontics, PGIMER, (Chandigarh) an eminent speaker renowned for his expertise in field of Orthodontics. His session added another layer to the symposium's rich tapestry with his treatment strategies, and innovative approaches to managing Class 3 malocclusion. Attendees were treated to a captivating array of case studies, gaining valuable insights into the dynamic world of orthodontics.

As the crescendo of knowledge reached its peak, the symposium concluded Session 2 with the enlightening lecture of Dr. Sanjeev Verma a luminary in the field, shared his expertise on the management of impacted canines, presenting a diverse range of cases that showcased the intricacies and successes of his approach.

The symposium attendees then transitioned to Radisson Blu for a well-deserved lunch. The lavish spread featured a delightful array of dishes, offering something for every palate. The picturesque setting of Radisson Blu provided the perfect backdrop for attendees to unwind, share insights, and forge new connections. The air was filled with camaraderie as participants enjoyed the delicious lunch, discussing the morning's revelations and forming new bonds within the orthodontic community. The symposium not only nourished the intellect but also created an environment where professionals could cultivate relationships that extend beyond the confines of the lecture hall. The Orthodontic Symposium's second session concluded on a high note, leaving attendees satiated both intellectually and gastronomically. Now participants were ready to continue their journey into the fascinating world of orthodontics. Title: "Vertical and Transverse Dimensions: A Dive into Malocclusion with Dr. Jayesh Rahalkar and Dr. Sridevi Padmanabhan



The Orthodontic Symposium's momentum surged forward with the commencement of the third session, an enlightening exploration into the vertical and transverse dimensions of malocclusion. Dr. Jayesh Rahalkar, the distinguished President of the Indian Orthodontic Society (IOS), graced the stage as the first guest speaker, bringing with him a wealth of knowledge and experience in the realm of vertical malocclusion.



Dr. Rahalkar's session was a masterclass in understanding and managing vertical malocclusions. His insights into various treatment plans and his engaging discussions with the audience elevated the symposium's intellectual landscape. His case studies were very informative, each illustrating the nuanced approach required to address the complexities of vertical malocclusion.

Following Dr. Rahalkar's illuminating lecture, the stage was then entrusted to Dr. Shreedevi, Prof and Associate Dean, at Sri Ramanchandra Institute of Higher Research And Education, Chennai, whose expertise lies in the intricate realm of transverse malocclusion. Her lecture added a vital perspective to the symposium's exploration, shedding light on the challenges and innovations in managing malocclusions in the transverse dimension.

Dr. Shreedevi's presentation was a journey through the intricacies of transverse malocclusion, providing attendees with a comprehensive understanding of diagnostic strategies and effective treatment modalities. The symposium hall was alive with engagement as Dr. Shreedevi shared her experiences, sparking thoughtful discussions and encouraging a collaborative atmosphere.

As the symposium reached the culmination of its third session, the organizers recognized the importance of a rejuvenating break. A tea interlude was seamlessly woven into the schedule, providing attendees with the opportunity to refresh their minds and revitalize their spirits. The venue buzzed with camaraderie as participants mingled, exchanged thoughts, and prepared for the final leg of the day's intellectual journey.

Title: "A Grand Finale: TMJ Splint Therapy, Junior Orthodontic Showcase, and the Galla Night Extravaganza"



The final stretch of the first day of the Orthodontic Symposium unfolded with a crescendo of knowledge, interactive workshops, and a spectacular showcase of talent at Dinner Night.

Dr. Prashant Dhole, our esteemed guest speaker, took center stage to enlighten the audience on Temporomandibular Joint (TMJ) Splint Therapy. His comprehensive lecture delved into the intricacies of this specialized therapy, providing attendees with a deep understanding of its application in orthodontic practice. The session paved the way for a hands-on workshop where participants, including budding orthodontists, had the

opportunity to gain practical experience, ensuring the assimilation of knowledge into their future practices.

The workshop was meticulously organized, creating a conducive environment for interactive learning. As seasoned practitioners shared insights, junior orthodontists eagerly immersed themselves in the practical aspects of TMJ splint therapy. This collaborative approach enhanced the participants' skill sets.



Following this enriching workshop, the stage transitioned to the orthodontists & PG Delegates, providing them with a platform to showcase their research papers and capabilities. The symposium, dedicated to advancing the field, was not only about learning from established professionals but also about nurturing the talents and potential of the next generation.

The evening reached with the much-anticipated Dinner Night, a celebration that everyone had been eagerly awaiting. The elegant Radisson Hotel transformed into a vibrant hub of laughter, music, and dance. Attendees relished the delectable snacks, exchanging experiences and forming connections beyond the academic realm.

The Dinner Night unfolded with beautiful songs that resonated through the venue, creating an enchanting atmosphere. Attendees enjoyed the tasty treats Radisson Hotel had to offer, and the night culminated with the



infectious energy of singing and group dances featuring the hidden talents of our prestigious guests. The Galla Night provided a platform for attendees to unwind, connect on a personal level. As the night unfolded, attendees reveled in the joyous ambiance, grateful for a day that seamlessly blended education, practical experience, and celebration. The Galla Night was not just a conclusion to the first day but a prelude to the continued exploration that would define the days to come in this symphony of orthodontic excellence.

Title: **"Day 2 Explores Bone Screws, Functional Appliances and Sports Dentistry."**

The First session of Day 2 at the Orthodontic Symposium unfolded with a remarkable exploration into the realms of Orthodontic Bone Screws, bringing cutting-edge insights to the forefront.

Dr Rajesh Patil demonstrated exceptional Proficiency and dedication during the bone screw workshop. Their keen attention to detail, adept handling of tools, and quick grasp of intricate techniques were Commendable.

Following This Dr Pradeep Raghav Presented his insights on Functional Therapy and showcased their deep understanding on the Subject and Commitment to advancing orthodontic Care.



Following Dr. Pradeep's illuminating lecture, the stage was then entrusted to Dr. Reena Kumar who is one the most renowned Orthodontist across the Country. Her insights into various aspects and her engaging discussions with the audience elevated the symposium's intellectual landscape

Dr. G K Singh, a distinguished guest speaker, took the stage to enlighten the audience on the intricacies of orthognathic surgery. His presentation delved into the essential orthodontic procedures required before and after orthognathic surgery, emphasizing the transformative impact of surgical interventions in challenging cases. Dr. Singh's expertise illuminated the potential of orthognathic surgery as a powerful tool when conventional

orthodontic procedures face limitations.

Following this Dr Ankit Sikri enthralled the audience with his impeccable presentation on Peri(O)rthodontic Conjunction: A hand in Glove in which he showcased a plethora of treated cases exhibiting an interdisciplinary role of both Orthodontist & Periodontist in day to day clinical practice.

Dr Vinay Kumar & Dr Rajkumar Verma gave their valuable insights on various Orthodontic Topics.

The symposium then paused for a brief yet replenishing lunch break, allowing participants to recharge and network, exchanging thoughts and impressions from the morning's enlightening sessions.



The post-lunch session resumed with a captivating presentation on aligner therapy by Dr. Ajit Jaiswal. His talk provided a comprehensive overview of the principles and applications of aligner therapy, offering attendees valuable insights into this increasingly popular orthodontic modality.



Building on the theoretical foundation laid during the presentation, Dr. Jaiswal, along with Dr. Gurkeerat Singh, organized a hands-on workshop. Participants had the opportunity to delve into aligner therapy using typodonts and other materials, fostering a practical understanding of the techniques discussed. This experiential learning session aimed to empower attendees with the skills and confidence to integrate aligner therapy into their orthodontic practices.

The Day 2 left attendees invigorated and equipped with a wealth of knowledge on surgical innovations and digital advancements. The Orthodontic Symposium continued to serve as a nexus for learning, collaboration, and practical skill development, setting the stage for further exploration in the days to come.

Title: **"Culmination in Grandeur: Valedictory Function Marks the Success of the Orthodontic Symposium"**

The final chapter of the Orthodontic Symposium unfolded with unparalleled grandeur during the Valedictory Function, a momentous occasion attended by the esteemed former Health Minister of Jammu & Kashmir, Shri Shamlal Sharma. The air was charged with excitement and accomplishment as Shri Sharma took the stage to congratulate the Organizing Chairman, Dr. Akshay Gupta, and his dedicated team for orchestrating a groundbreaking symposium, the first of its kind in Jammu & Kashmir.



Shri Shamlal Sharma's speech resonated with praise for the organizers, acknowledging the significance of bringing together orthodontic professionals from across the country to a region where such events were unprecedented. His words underscored the importance of collaborative initiatives in advancing healthcare and education, applauding the symposium's contribution to these noble pursuits.

The highlight of the valedictory function was the distribution of medals and mementos to the outstanding contributors of the symposium. Winners of the poster and paper presentation competitions were honored for their exceptional research and contributions to the field of orthodontics. The ceremony added an extra layer of celebration, recognizing the dedication and innovation demonstrated by the participants.

As the ceremony unfolded, attendees savored tea and snacks, enjoying the convivial atmosphere. The valedictory function not only celebrated the success of the event but also served as a platform for fostering connections and



expressing gratitude to all those who played a pivotal role in its realization.

Dr. Akshay Gupta, the Organizing Chairman, expressed heartfelt thanks to the dignitaries, guest speakers, and participants from various colleges across the country. His gratitude extended to the entire organizing committee, whose tireless efforts had translated into a symposium that surpassed all expectations.



With the valedictory function drawing to a close, attendees were now ready to bid farewell to the symposium's venue. Armed with newfound knowledge, unforgettable experiences, and memories to cherish, they looked forward to exploring the beauty of Jammu with their families and friends in the days to come.

The Orthodontic Symposium had not only achieved its goal of providing a platform for learning and collaboration but had also left an indelible mark on the landscape of orthodontic education in the region. As attendees dispersed, the echoes of shared insights and shared experiences leaving a legacy of inspiration for future endeavors in the ever-evolving world of orthodontics.

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1st NORTH - EAST ORTHODONTIC SYMPOSIUM (Guwahati, Assam)



The 1st North East Orthodontic Symposium organized by the Guwahati Orthodontic Study Group in collaboration with the Indian Orthodontic Society and Department of Orthodontics, Regional Dental College was held on 5th November, 2023 at Greenwood Resort, Khanapara (Guwahati, Assam).

The collaborative spirit, diverse content and meticulous organization made this symposium a milestone in the North East's Orthodontic community, setting a precedent for continued excellence in orthodontic education and collaboration. It kicked off with a vibrant and culturally immersive opening ceremony that showcased the rich traditions and art forms of the North East India.

Dignitaries present were:

Chief Guest - **Dr. Anup Kumar Barman**, Director of Medical Education, Assam

Guest of Honour - **Dr. Jayesh R. Rahalkar** (President, Indian Orthodontic Society)

Guest of Honour - **Dr. Sanjay Labh** (Honorary Secretary, Indian Orthodontic Society)

Organizing Chairperson -

Prof. (Dr.) Mitali Bora (Chief Convenor – Guwahati Orthodontic Study Group;
Principal- Regional Dental College, Guwahati)

Organising Secretary-

Prof. (Dr.) Nabanita Baruah (Convenor - Guwahati Orthodontic Study Group; Head
of the Department of Orthodontics, Regional Dental College, Guwahati)



Dr. Mitali Bora (Chief Convenor - GOSG), Dr. Nabanita Baruah (Convenor - GOSG) , Dr. Arihant Jain (Joint Secretary - GOSG) were felicitated by IOS with a shawl and memento - by the IOS President and Secretary. Following this, the Souvenir of the symposium "ORTHOCONNECT - Bridging the North East" was released (Editor- Dr. Arunima Goswami)



The symposium featured a series of scientific sessions covering a wide range of topics, including innovative treatment modalities, case studies and research findings. The renowned experts delivered insightful keynote addresses, addressing contemporary challenges and advancements in Orthodontics.



The symposium was organized with the primary objective of promoting continuous learning and knowledge exchange within the field of orthodontics. An extensive exhibition hall featured the latest orthodontic products, equipment, and technological innovations. This allowed participants to explore emerging trends and connect with industry representatives. The evening banquet provided attendees with an enjoyable and memorable experience. Live music, cultural performances, and interactive activities were seamlessly integrated into the evening, providing a well-rounded and enjoyable experience.

Overall, the event 1st North-East Orthodontic Symposium was a resounding success, achieving its goals of knowledge dissemination, professional networking and research promotion within the orthodontic community. Around 80 Orthodontists from across the North East India region and current/ past Post Graduate Students of Dental Colleges registered for this event . The participants and orthodontic community of North-East eagerly anticipates future editions of this, so that they can serve the society in multifaceted ways, extending their impact beyond the confines of dental aesthetics, looking forward to commitment to improving oral health, enhancing self-esteem, educating the public, and engaging in contributing collectively to the overall well-being of individuals and community.

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MOSG CLINICAL ENRICH

INDIAN ORTHODONTIC SOCIETY



"Unveiling the Complexity" - Orofacial Pain in Orthodontics



SPEAKER:
Dr. Dhivya Dilipkumar, MDS
(Orthodontics)
Fellowship in Orofacial Pain,
TMD and Sleep Disorders
Roseman University, USA

MODERATOR:
Dr. Gnanashanmugam, MDS,
Professor, Dept of Orthodontics,
Sree Balaji Dental College,
Chennai.



26th Nov
Sunday
6 – 8 pm
Through
Zoom
Platform

Dr. Jayesh Radhakrishnan,
President, IOS

Dr. Sanjay Labh,
Hon. Secretary, IOS

Dr. Shahul Hameed,
Convenor, MOSG

Dr. Vijayadith,
Dr. Rekha Bharadwaj
Co-Convenors, MOSG

Madras Orthodontic Study Group organized a clinical enrich program on "Unveiling the complexity – Orofacial Pain in Orthodontics" for the members of Indian Orthodontic society on 26th November, 2023. It was a privilege to have our esteemed JIOS editor, Dr. Vignesh Kailasam and the senior member of MOSG, Dr. Shyamala Chandrasekar.

Dr. Dhivya Dilipkumar (Former professor - SRM dental college, Kattankulathur; Fellow in Orofacial pain, TMD and Dental Sleep medicine - Roseman University, USA). She has established Orofacial pain centre with an integrated sleep lab in Chennai, the first of its kind in the country.

Orofacial pain was recognised by American Dental Association as the 12th speciality of dentistry on 31st March, 2020. This speciality is dedicated to evidence based understanding of underlying pathophysiology, aetiology, prevention and treatment of TMD, Oro Facial Pain and Sleep Disorders. This lecture threw light on this newest speciality in dentistry with evidence based literature on TMD and its relation to Orthodontic treatments, which was the need of the hour topic to tackle our stressful modern era patients.

The session was moderated by Dr.Gnana Shanmugam and the webinar was well attended by more than 120 participants across the country.



Orthodontic Couples Amongst Us

Dr. Sandesh Pai & Dr. Vinaya Pai

When Railway tracks of Mumbai align two Orthodontists"

Yes it is my story way back in 1992 when my HOD in SDM Dharwad called me and my colleagues to go to prestigious NHDC to collect articles. Least did i know that it was destiny writing a beautiful Chapter of my life

The chapter dates back to April 1992 where Mumbai railway lines and a red rose were the witness of brimming romance between two budding Orthodontists.

Dr Vinaya & Dr Sandesh.

When we landed at Nair Dental College, almost lost in the campus I spotted a beautiful charming girl. Tempted to talk to her, I asked her the way to Ortho dept. Innocent & kind enough to guide us to the department, completely unaware of "my love at first sight." Coincidentally she was also from the same department .

As my feelings were aligning with my fate, I got a chance to ask her phone number to discuss Professional / academic exchange of information.

As the fate kept on attaching one bracket to the other, I knew that she was an ideal life partner of me. Multiple visits across Mumbai railway Stations finally got us married on 28 Nov 1994 with the blessings of our parents. Its been 29 years now - Me, Vinaya and our beautiful daughter Shreya.

A wonderful journey of anchorage and retention wherein she is a strong dedicated perfectionist, a wonderful Clinician and academician and I am a full time practitioner .

Being in the same profession helped us grow together in a wonderful way wherein we had a lot of common things to discuss + agree and disagree and again agree with each other. This added a spice to our long "over the coffee discussions".

Same Speciality was like a jigsaw puzzle completed where ones knowledge of Subject complimented the other to make a "perfect Ortho couple". Her disciplined approach in life and passion for her Specialization balanced my happy go lucky nature. Vinaya has always been like a power chain for the family. The bond and support from our families had a vital role in our journey so far.

We kept on facing all the trials and triumphs together and the attachment kept on growing stronger and stronger

Work related arguments were almost nil as being in the same stream we understood each other so well.

As I look back and pen down my journey with my professional plus my life partner, I would like to say that there is no bigger blessing of God than a partner who syncs with you in every way personally & professionally . Key to this is constant reassurance and reinforcement.

This is our happily ever after... when hundreds of tiny Ortho wires kept us together for thirty years.

The goal in marriage is not to think alike but to think together.

Love

Sandesh Pai



Orthodontist ‘Couples’ Amongst Us...

Dr. B. Saravanan & Dr. Rekha Bharadwaj

1) Kindly tell something about your childhood & schooling!

My husband Dr.B Saravanan did his schooling from Ramakrishna Saradha Higher Secondary school, Salem. He was a part of the basketball school team and has won many matches at district level. I (Dr. Rekha Bharadwaj) am from Chennai, studied in Good Shepherd Convent. I am an ardent music lover. I have trained myself in classical music and enjoyed singing. Our childhood days has been tangentially different in terms of the place of birth and childhood days.



2) How did both of you chose Dentistry and then, Orthodontics?

Am sure the answer to why most of us chose dentistry belonging to 70's and 80's generation and some of the older generation dentists are probably the same. We missed to join MBBS by few marks in the cut off system and hence landed up in dentistry. But when it comes to choosing a specialty in dentistry, my husband chose Orthodontics for the love and passion for wire bending. If I have to be honest, I wanted to do Oral medicine because General Medicine was my favourite subject and that time, I thought oral medicine would interest me. However, since I procured a decent rank in Tamil Nadu State entrance exam, many senior practitioners advised me to choose Orthodontics/Endodontics, being the sought after specialties in dentistry. I decided to study orthodontics and I thoroughly enjoyed learning it. In this regard me and my husband were truly best to have graduated from Ragas Dental College and Hospitals, Chennai, headed by Dr. N.R.Krishnaswamy, the Pioneer of Orthodontics in India.

3) Where did you both meet at first?

I guess I already answered this and Dr.Saravanan was my immediate senior in orthodontics, at Ragas Dental College.

4) How do you both take it – Husband & wife in the same profession?

A couple in the same profession has got its own merits and demerits. In our scenario, we certainly complemented each other with a lot of positive criticisms and healthy discussions in many instances and also had the luxury of sharing the workload most of the times. As a career woman to balance both family and work, it was very important for me to get all the support from my spouse and I am certainly blessed to have it all. Personally, it is the love and understanding that a couple has for each other that bonds them together amidst the same profession.



5) Who amongst you both is: an avid academician & a prolific practitioner?

We both started off our journey working in an academic institution and eventually, Dr.Saravanan became a full time practitioner supporting me and hence I could focus on the academic front as well continuing to pursue my passion for teaching and research.

6) Do you feel there is a difference of opinion amongst both of you whenever it comes to Orthodontics in particular?

Yes. Of course we do have differences in opinion in Orthodontics. However, the decision is most often taken based on what is best for the patient and their needs, leaving our disagreement aside.

7) How does your family cope up with your busy schedule while practice?

Yes. There is a lot of adjustments and sacrifices sometimes when it comes to long vacations or spending the evening/time with children and parents. However, we plan and work in such a way that we are able to dedicate quality time for the family and being in the same profession also aids in understanding and sharing the work accordingly.

8) Any words of wisdom for the other couples who are in the same field of Orthodontics?

I wouldn't say words of wisdom. To share our thoughts, as an orthodontic couple, if you have love and respect for each other, you can create beautiful memories in the journey of family and profession.

9) Words of wisdom in general for all the budding Orthodontists (by both of you)

First of all, love your work and profession. Work hard and stay updated. Learning is a life-long process and never hesitate to learn and expand your knowledge in newer technologies and advances in orthodontics. Our best wishes to all the budding orthodontists. Do well in life. Good luck and Godspeed!



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TERNA DENTAL COLLEGE & HOSPITAL

Navi, Mumbai

ORTHODONTIC WEEK CELEBRATION



The department of Orthodontics at Terna Dental College and Hospital, Navi Mumbai celebrated orthodontic week from 5th to 12th October 2023. The celebration involved decorating the department, orthodontic awareness by conducting lectures in Terna Dental

School, reel and poster competition. The winners of the poster and reel competition were awarded. The celebration was successful and memorable.





Adesh Dental College (Bathinda)

ORTHODONTIST DAY 2023

Webinar session graced by the presence of IOS members
DR PUNEET BATRA, DR. JAYESH RAHALKAR,
DR. BALWINDER SINGH THAKKAR, DR ANKIT SURI, DR.SANJAY LABH

Department of orthodontics and dentofacial orthopaedics, Adesh Dental College (Bathinda) on 5th Oct, 2023 celebrated "NATIONAL ORTHODONTIST DAY, with all the enthusiasm and fervour. On this occasion, the department conducted "orthodontic awareness programme". The occasion started with the enlightening lecture by the esteemed chief guest, DR. VED PRAKASH JALILI. A webinar session was hosted by DR. AMANISH SINGH SHINH (Principal & Head) and faculty members DR. AMANPREET SINGH, DR. KARAN MAHESHWARI, DR. SHARANJEET AULAKH & DR. ALISHA which

was further graced by the presence of IOS dignitaries - DR. JAYESH RAHALKAR (President IOS), DR. SANJAY LABH (Hony. Secy IOS), DR PUNEET BATRA, DR. BALWINDER SINGH THAKKAR & DR. ANKIT SIKRI which reminded the importance of collaboration, knowledge sharing and pursuit of excellence. After the online session a series of events were organised by the faculty of the department along with the post graduate students highlighting the importance of orthodontic awareness. A highly enthusiastic participation was received by the students and various impactful public awareness activities were performed like poster making competition, rangoli making competition, wire bending competition, reels on public awareness, live paintings, speeches by students about the speciality of orthodontics and the role of orthodontist in straightening of malaligned / crowded teeth and correction of malaligned jaw position followed by prize distributions and cake cutting ceremony.





Department Of Orthodontics And Dentofacial Orthopedics



Cake Cutting Ceremony



LIVE PAINTINGS MAKING COMPETITIONS ON ORTHODONTIC AWARENESS



Rangoli Making Competition





Adhiparasakthi Dental College and Hospital NATIONAL ORTHODONTIST DAY CELEBRATION "SMILE BRIGHT"-2023

We the Department of Orthodontics and Dentofacial Orthopedics from Adhiparasakthi Dental College and Hospital had celebrated the National orthodontist day on 5th October 2023 with the IOS theme of the year "SMILE BRIGHT" The programme began with a welcome note addressing the need of awareness among patients about DIY aligners followed by giving a token of appreciation for the patients who have maintained their appointments regularly. All the department HODs and faculty members actively graced the occasion and have given awards to the IV BDS university toppers of last year in our subject. An AV was released featuring the scope of services and best treated patients in the department. First year post graduates were given a task to decorate their own working cabinet and it was one of the highlights of the event .Senior faculties from various departments adored the initiation and appreciated the young minds for their innovative skills . Small token of appreciation was given to all nurses in our department for their tremendous dedication to their work .The day ended with a positive note and giving away the cabinet keys from the senior faculties of various departments to the budding orthodontists followed by cake cutting and vote of thanks.



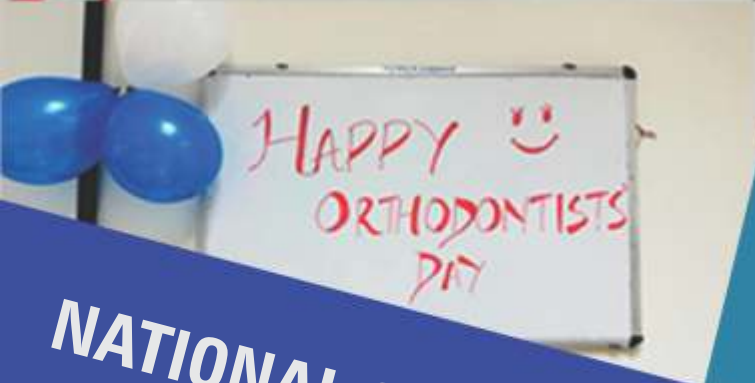
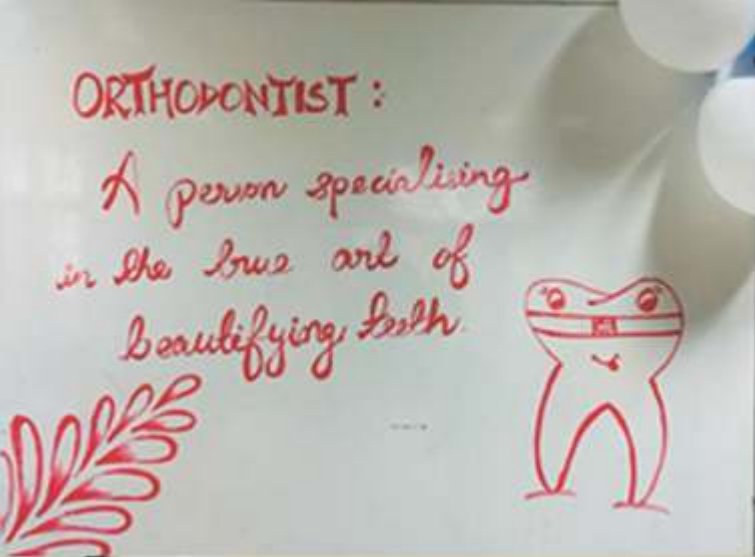


Through various sessions ,students and patients were given insight about the role of aligners in orthodontic treatment ,controversies regarding DIY aligners ,scams that are done under the fancy name “ALIGNERS” ,in order to guide them towards an evidence based orthodontic treatment instead of social media influenced one.

Students were encouraged to explore the infrastructure of In House Aligners in our institution,to make them well versed on the most

demanding area in our field.





NATIONAL ORTHODONTIST DAY, 2023

BANARAS ORTHODONTIC STUDY GROUP



The National Orthodontist Day is widely celebrated in India on 5th October every year to commemorate the foundation of Indian Orthodontic Society back in 1965. It honours all the orthodontists around the nation and promotes orthodontic care and its benefits. It fosters appreciation towards the effects of orthodontic treatment which ultimately lead to confident and beautiful smiles.

We, at the Department of Orthodontics and Dentofacial Orthopedics, Faculty of Dental Sciences, BHU celebrated this day

with great enthusiasm and vigor. It was graced by the presence of our Head, Dr. T.P. Chaturvedi, Dr. Ajit Parihar, Dr. Vipul Sharma, residents, interns and undergraduate students. We discussed about the role of orthodontists in our society and its centrality as a branch in whole dentistry. We pledged to serve our patients with hardwork, intellect and sincerity. Our esteemed professors shared their experiences and guided us on important topics such as patient education and patient management. We also educated several patients in the OPD about what impact can orthodontic treatment have in their lives.





Gian Jyoti Orthodontic Camp

Dr. Devinder Preet Singh (LM 1611)



बाल दिवस पर स्टूडेंट्स के दांतों की जांच



मोहाली : बाल दिवस पर ज्ञान ज्योति ग्लोबल स्कूल की ओर से छात्रों को दांतों की संभाल के प्रति जागरूक करने के उद्देश्य से स्कूल कैम्पस में कैम्प लगाया गया। कैम्प में मोहाली मेडिकल सेंटर के डेंटल यूनिट की टीम ने छात्रों के दांतों की जांच करते हुए उनको जरूरी सलाह दी। छात्रों को बताया गया कि उन्हें रोजाना सुबह-शाम ब्रश करना चाहिए, ताकि उनके दांत स्वस्थ रहे। इस मौके पर प्रिंसिपल ज्ञानजीत वीर ने भी छात्रों को दांतों की संभाल संबंधी प्रेरणा दी। स्कूल



A Dental Check up camp was organised on the occasion of The Children's Day (14th November 2023) by a team of doctors of the Advanced Dental Unit of Mohali Medical Centre in collaboration of the Chandigarh Orthodontic Study Group(COSG) of the Indian Orthodontic Society (IOS) with the active participation of Dr Devinder Preet Singh (Orthodontist) and Dr Arunima Chandra (Pedodontist) at Gian Jyoti Global School at Phase 2 ,Mohali, Punjab. The camp was attended by about 125 students of Class 1 and 2 in the age groups of 6 to 9 years in which oral examination and screening was carried out. Methods for proper oral hygiene maintenance, awareness about the causes and development of Dental Caries and Malocclusion and their prevention in small children and importance of comprehensive oral care were highlighted. A small demonstration and distribution of educational material and toothpastes was also carried out which was sponsored by Indoco Remedies Limited, Mumbai, India.



ORTHODONTIC AWARENESS WEEK

Mangalore Orthodontic Study Group

From October 5th to 12th, Indian orthodontic society in association with Mangalore orthodontic study group (MOSG) organized "Orthodontic awareness week". Various programs were planned in Association with this. We intend to make a small difference in the society that we serve through these programs.

PRESS MEET

Press meets are an effective way to raise public awareness about orthodontics. Orthodontics is a specialized branch of dentistry that deals with the diagnosis, prevention, and treatment of dental and facial irregularities. It is essential to educate the public about orthodontic treatments as they can improve the appearance, function, and overall health of teeth and gums.

They can help in educating the public, address misconceptions, raise awareness about new treatments, encourage early intervention, and increase access to care. By working together with the media, orthodontists can help improve oral health outcomes for individuals and communities alike.

The initiation of the Orthodontic awareness week was on 4th October, 2023. The press meet was held at Mangalore press club. Dr. Akther Husain, Dr. Nillan Shetty, Dr. Siddharth Shetty, Dr. Arjun Nayak, Dr. Ashith.M.V, Dr. Mithun Naik were present in the press meet. Embrace Smile with an IOS certified Orthodontist was the motto of the program.

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(Venue: Mangalore press club, Time: 11:00 am, Date: 4th October 2023)

ORTHODONTISTS DAY CELEBRATION

Motto: "Embrace smile - with an IOS certified Orthodontist"

October 5th is celebrated as "Orthodontics Day" and on this day we released an awareness banner and free orthodontic consultation in various colleges and clinics in and around Mangalore. 5th October is celebrated as National Orthodontist day throughout the country. "Orthodontics by Orthodontist" was the motto of the programme.

Dr.M.S Ravi HOD, A.B Shetty memorial institute of Dental sciences delivered the welcome address. Dr. Krishna Nayak Dean, A.B Shetty memorial institute of Dental sciences addressed the gathering and motivated the budding orthodontists to be good human beings to treat patients efficiently. Dr. Akther Hussain, Prof. Yenepoya dental college addressed the crowd and mentioned the importance of aligning the tooth for good oral health.

Dr. Ashith M V, Chief convenor of Mangalore Orthodontic study group mentioned the ill effects of the online do it yourself treatment and public to be aware of these ill effects. Dr. Sandeep shetty, Dr. Siddharth shetty and Dr. Arjun Nayak was present in dias. The flagging of the awareness program was done with the release of IOS banner and flash mob was organized to initiate the awareness drive in Mangalore.

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(Venue: A.B Shetty Dental college, Time: 09:00 am, Date: 5th October 2023)

BEACH CLEANING CAMPAIGN

Beaches in Mangalore are a popular destination for tourists and locals alike, and they provide numerous health benefits. Beach cleaning campaigns by doctors can also help in raising awareness about environmental issues. By working together with local communities, doctors can promote sustainable practices such as reducing plastic waste and recycling.

It is important to note that beach cleaning campaigns are not just about maintaining the aesthetic appeal of beaches. They are also essential for preserving marine life and protecting the ecosystem. As doctors it is our responsibility to support the nature in any form.

The Indian Orthodontic Society and Mangalore Orthodontic Study Group in Association with Srinivas Institute of Dental Sciences organised Beach Cleaning on 10th October, 2023 in Sasihitlu Beach. The program was conducted by Srinivas Institute of dental Sciences under the leadership of Dr Praveen Shetty, Head of the Department, Dept of Orthodontics and Dentofacial Orthopaedics. More than 50 people participated in the beach cleaning and cleaned an entire stretch of the beach.



PAINTING COMPETITION FOR KIDS: EMBRACE KIDS

Painting was a fun and engaging way to educate children about the importance of proper orthodontic care and promote healthy habits. The competition was open to children of all ages and was themed around orthodontic care. Participants were encouraged to use their creativity to come up with unique and colorful paintings that showcased their understanding of the topic.

The winners of the competition were awarded prizes. This helped incentivize participation and encouraged children to take an active interest in their oral health. By engaging with children in a fun and interactive way, orthodontists helped build a strong foundation for good oral health in the future.

The Indian Orthodontic Society and Mangalore Orthodontic Study Group in Association with A.J Institute of Dental Sciences and Manipal College of Dental Sciences Mangalore organised Painting for Kids on 15th October, 2023 in Kadri Park Mangalore. More than 30 people participated in the painting competition.



Venue- Kadri Park, Mangalore. Date- 15-10-2023. Time- 8.00 am – 11.00 am

MARATHON FOR ORTHODONTIC PUBLIC AWARENESS IN COLLABORATION WITH MANGALORE RUNNERS CLUB : EMB(RACE) MILES FOR SMILES

Participating in a marathon was a great way for orthodontists and their staff to showcase their commitment to promoting healthy habits and active lifestyles. During the marathon, participants wore t-shirts that promoted the orthodontic awareness campaign. This helped to attract attention from other runners and spectators, generating interest in the cause.

Additionally, participating in a marathon was also a great way to connect with the local community and build relationships. By showing support for a community event, orthodontists demonstrated their commitment to improving the health and building meaningful connections with their community.

The Indian Orthodontic Society, Mangalore Orthodontic Study Group, Mangalore Runners Club in Association with A.J Institute of Dental Sciences and Manipal College of Dental Sciences Mangalore organised Marathon for Orthodontic public awareness on 15th October, 2023 in Kadri Park Mangalore. More than 110 people participated in the marathon.



Venue- Kadri Park, Mangalore. Date- 15-10-2023, Time- 6.00 am – 9.00 am

Radio Jingles

Radio jingles are short and catchy tunes that are used to promote a brand, product, or service on the radio. They are an essential part of advertising and marketing campaigns, as they help to create brand recognition and awareness among the target audience.

Memorability: Radio jingles are designed to be catchy and memorable, which makes them effective in creating brand recognition and recall. When people hear a jingle repeatedly, it becomes ingrained in their minds, and they associate it with the brand or product being promoted.

Emotional Connection: Radio jingles often evoke emotions and feelings that are associated with the brand or product being promoted. This emotional connection helps to create a positive image of the brand in the minds of the listeners.

Cost-Effective: Radio jingles are a cost-effective way of promoting a brand or product. They are less expensive than other forms of advertising, such as television commercials or print ads, and can reach larger audience.

Targeted Advertising: Radio jingles can be targeted to specific audiences based on their demographics, interests, and listening habits. This helps to ensure that the message reaches the right people at the right time.



THEATRE ADS CAMPAIGN & MOVIE NIGHT



Ads were run in all the theatres addressing the concern of the orthodontic awareness and endorsing the IOS certified Orthodontist. In addition to press meets, theatre ads can also be an effective way to raise public awareness about orthodontics.

Theatre ads are short advertisements that are played before movies and can reach a large audience. They can reach a large audience, provide visual representation, increase awareness about common issues, encourage early intervention, and promote available resources. By utilizing theatre ads in addition to press meets, orthodontists can help improve oral health outcomes and promote the importance of orthodontic treatment.

The Theatre ads campaign was to negotiate the theatres for ads during the orthodontic awareness program. We negotiated with all the three multiplex in Mangalore namely Big cinemas, PVR and Cinepolis. To promote this even more all the MOSG members attended a movie showcasing the unity. As a suggestion we would request the IOS if we can negotiate with these multiplex theatres at the higher authority. So that throughout India all the Orthodontists would be benefited.

INSTAGRAM REEL COMPETITION: Yen Em(Brace)

With over 1 billion active users, Instagram has become a popular social media destination for everyone. Instagram reels, in particular, have gained popularity due to their short-form video format and ability to capture viewers' attention quickly.

Instagram reels are a valuable tool for an orthodontic awareness campaign as they allow the campaign to create engaging content and reach a wider audience. This was a competition for the public and students. By leveraging this platform effectively, the campaign increased awareness about orthodontic issues and encourage people to seek proper treatment. Yenepoya dental college conducted this Reel competition with the name Yen(Brace). More than 10 participants send their entries. The winner received a cash award of Rs 10000 and the runner up received a cash award of Rs 5000. The reels was shared more than 1500 times. The prize was based on the likes and the creativity of orthodontic awareness



CELEBRITY ENDORSEMENT

Celebrities have a significant influence on their fans and followers, and this influence were leveraged for the orthodontic awareness campaign.

Celebrity endorsements helped us reach a wider audience and create a buzz around the campaign. This is especially important in today's digital age, where social media platforms allow for easy and widespread sharing of content.

Mangalore is a multi- linguistic community. We have made an effort in order to reach the maximum people through the words of celebrities, politicians, actors in local language, Instagram influencers all culminating in different languages including Kannada, English, Tulu, Konkani and Byari to involve more of the awareness campaign.

Politicians – Dr Dinesh Gundu Rao (Health minister, Govt of Karnataka),

Dr UT Khader (Speaker, Karnataka State Legislative Assembly; MLA Mangalore Central constituency) Dr Y Bharath Shetty (MLA Mangalore North constituency)

Celebrities- Pooja Hegde, Vijay Rahavendra, Arjun Kapikad, Shivdhwaj Shetty, Ravi Ramakunja, Eeshika Shetty, Carol Menenzes, Dr Priyanka Kiran

NEWS PAPER ARTICLES

In the presence of many online companies & DIYS, It is important for the public to know an IOS certified orthodontist & get correct treatment for his misaligned teeth. All dental colleges around Mangalore collaborated for all the events. Various Newspaper recorded this event and wide coverage was achieved through the articles in the newspaper. Kannada is an local language which is read by most Kannadigas. The news were circulated across Karnataka.



DIGITAL BOARD CAMPAIGN IN COLLEGE

The digital board of a college was used as an important tool for promoting public awareness about orthodontics.



1. **Informational content:** The digital board displayed educational content about orthodontics, such as tips for maintaining oral hygiene, information about different types of braces, and the benefits of orthodontic treatment.

2. **Before and after photos:** The digital board displayed before and after photos of patients who have undergone orthodontic treatment at the college's clinic. This helped potential patients see the results of treatment and encourage them to seek treatment for themselves.

3. **Testimonials:** The digital board displayed testimonials from satisfied patients who have undergone orthodontic treatment at the college's clinic. This helped build trust and encourage potential patients to choose the college's clinic for their orthodontic needs.

4. **Community outreach:** The digital board showcased the college's involvement in community outreach programs related to orthodontics, such as free screenings or educational events. This helped raise awareness about the importance of orthodontic treatment and encourage people to seek out care.

MOVIE NIGHT

Movie night with friends and family. Thinking beyond orthodontics was a good change from the routine. Movie was "Mission Raniganj" at Bharat cinemas 8:30 show. The pictures do complete justice.





BEST DECORATED DEPARTMENT

October 5th is celebrated as "Orthodontics Day" and on this day we organized a program titled "Best decorated department". Dr Praveena Shetty HOD, Department of Orthodontics, Srinivas institute of Dental sciences delivered the welcome address and a talk on the relevance of orthodontist in maintaining oral health by correcting misaligned teeth and jaws.

USING LOCAL FOLK SONGS IN ORTHODONTIC PUBLIC AWARENESS CAMPAIGNS

Local folk songs are often closely tied to the community they come from. By using these songs in orthodontic public awareness campaigns, orthodontists created a stronger connection with the community and make their message more relevant to the people they are trying to reach.

Local folk songs are likely to be more familiar and relatable to the local community, which can increase their engagement with the message being conveyed. Overall, using local folk songs in orthodontic public awareness campaigns helped create a stronger connection with the community, preserve cultural heritage, increase engagement, and create a unique identity for the campaign.



THE RELEASE OF A JERSEY FOR MARATHON

Firstly, it helps to identify the runners who are participating in the event and distinguishes them from other people in the area. This is especially important for larger marathons where there may be lot of participants.

The jersey can serve as a memento or keepsake for the runners to remember their participation in the event. It may also be used as a marketing tool for future marathons or events, as people who see the jersey may become interested in participating themselves.

The jersey release was conducted in three colleges. .

MOSG Marathon Miles for 'S'miles Jersey was released in A.J institute of dental sciences by Dr.Nillan Shetty and Dr. Rohan rai and the faculties of the orthodontic department.

MOSG Marathon Miles for 'S'miles Jersey release in Manipal college of Dental Sciences Mangalore was performed by Pro Vice Chancellor Dr.Dilip G Naik and Dean Dr.Ashita Uppoor along with Orthodontic faculty.It was also released in Yenepoya dental college by Dr. Lakshmikanth chatra and Dr. Sham Bhat and the faculty of orthodontics.



SUPPORTING VISUALLY IMPAIRED SINGERS DURING PUBLIC PROGRAMS

Empowering the visually impaired - Including Visually impaired singers in public programs promotes inclusivity and sends a message that everyone has something valuable to offer, regardless of their abilities. Visually impaired singers served as an inspiration to others, showing that despite their challenges, they can still achieve great things and make a positive impact on society.



Venue- Kadri Park. Date- October 15, 2023, Time: 9:00 am

their challenges, they can still achieve great things and make a positive impact on society.

SRI BALAJI DENTAL COLLEGE, HYDERABAD



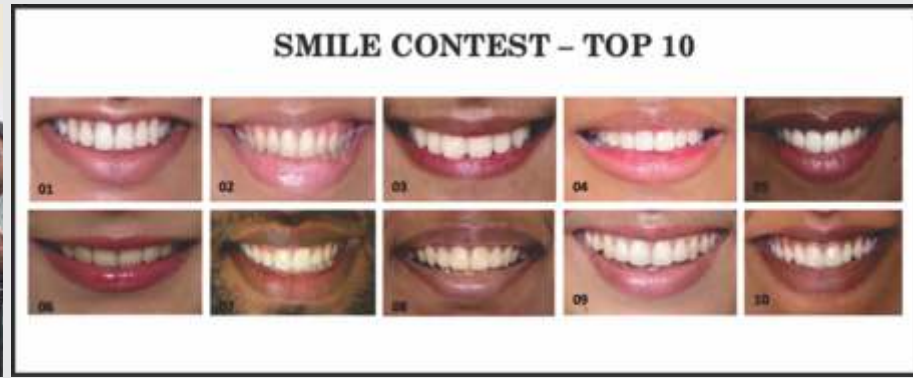
This year THE NATIONAL ORTHODONTIST WEEK was celebrated by the Department of Orthodontics & Dentofacial Orthopedics as ORTHOFEST 2023. The week consisted of awareness camps, awareness banners on college buses, lectures in nearby schools, lecture by a senior orthodontist for dental students and celebrations included a number of competitions to motivate the students.



Orthodontic Awareness Events

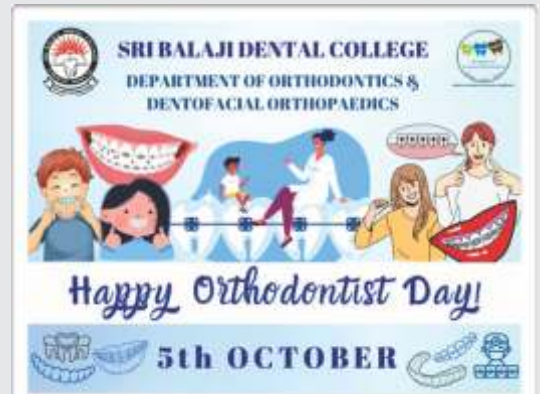
A number of screening and awareness camps were conducted by the Department of Orthodontics & Dentofacial Orthopedics, which not only included screening but also creating awareness among patients about orthodontic treatment procedures, their needs and their benefits. A number of lectures were conducted as a part of these camps regarding orthodontic treatments and their awareness. As a part of the orthodontic awareness initiative, there were banners tied to each of the college buses thereby increasing the reach for creating orthodontic awareness.





The National Orthodontist Day : 5th October 2023

On 5th of October, a program was conducted which consisted of a guest lecture by Dr. Palla Venkata Yudistar on the topic of “An overview of treatment protocols of orthodontic and dentofacial orthopaedics - a holistic clinical approach”. The programme was followed by addressing the gathering by the Principal, Dr. Shyam Sunder and Vice Principal, Dr. Shubhaker Rao J. The event was wrapped up with the distribution of academic awards and the announcements of the competition winners. The event ended with the inauguration of the ortho exhibition by the chief guest.



ORTHODONTIC WEEK CELEBRATION

Narayana Dental College, Nellore,



The Orthodontic Week celebration at Narayana Dental College, Nellore, was a remarkable event organized by the department of orthodontics and Dentofacial orthopaedics following the call given by the Head Office Indian Orthodontic Society. The week programmes (5/10/2023 – 12/10/2023) were dedicated to promoting dental awareness, community engagement, bonding with patients and fostering a spirit of creativity among dental students.

Inauguration ceremony: The Orthodontic week was commenced with an opening ceremony held on 5th October 2023 in Narayana Dental College Nellore to mark the occasions of National Orthodontist's day . The Chief guests of the program were Dr. Ajay Reginald, Principal and professor of oral pathology, Various Heads and staff of all the departments were invited. Program was started with a prayer song by I MDS PG students and followed by lamp lightening . Dr. Mandava

Prasad, Professor and Head of the Department presided over the function. He addressed the occasion with an introductory speech on foundation of Orthodontic society and the base for celebration of National orthodontist's day. He also stressed on discouraging the Direct and in-house aligners and the false advertising that public are falling prey for. Undergraduate students who are undergoing orthodontic treatment were invited to share their personal experiences and the program was led further with cake cutting by Undergraduate students.

Activities Conducted:

1. Blood Donation Camp (5/10/2023) :A week long celebrations started with a jubilant mode with the theme ' Bonding with people with the Blood". It is customary for the Department of Orthodontics, Narayana Dental College to arrange Blood camp every year on the occasion of National Orthodontists day and the spree continued successfully for the 7th year with more enthusiasm. Blood donation camp was organized at Narayana Dental College, where the dental community came together to contribute to the noble cause. The camp was inaugurated by our beloved principal Dr.Ajay Reginald .A total of 103 units of blood were collected during the camp, regarded as the major camp, showcasing the commitment of the dental fraternity towards community welfare.



2. Awareness and Screening Programme (6/10/2023 - 7/10/2023, 11/10/2023, 12/10/2023) :

One of the key initiatives was the Awareness and Screening Programme conducted by our staff and Postgraduates at Narayana nursing, Narayana pharmacy college, Narayana Concept School, Nellore and in Narayana Engineering College, Nellore . In school, the program targeted 6th to 10th standard students providing them with valuable insights into oral health and orthodontic care. Dental professionals conducted screenings and awareness sessions, reaching out to over 1000 students. The students were made aware of the malocclusion and Orthodontic procedures by way of lectures



Awareness and Screening Programme- Narayana Engineering College



Awareness and Screening Programme- Narayana Concept school

3. Creative Competitions for BDS Students (9/10/2023 – 10/10/2023):

To encourage creativity and skill development, various competitions were organized for BDS students within the campus. These included:

- Soap Carving Competition (9/10/2023): Students showcased their artistic abilities by carving intricate designs out of soap, emphasizing precision and creativity.
- Wire Bending Competition (10/10/2023) : This competition tested the students' orthodontic skills, challenging them to bend wires into specific shapes and structures, showcasing their dexterity.
- Nature and Smile Photographs Competition (10/10/2023): Through these competitions, students captured the essence of nature and smiles, highlighting the beauty and positivity in everyday life.

4. Quiz Competition (11/10/2023) :

A quiz competition was conducted, focusing on orthodontic knowledge and recent advancements in the field. This intellectual challenge tested the students' understanding of orthodontic concepts and encouraged healthy competition among participants.

Valedictory Function : 12/10/2023 .

Valedictory function was held on 12 th October and prizes were distributed to the winners and participants of various events . Vote of thanks was given by Dr. G Vivek Reddy professor, Department of orthodontics.



The Orthodontic Week celebration at Narayana Dental College, Nellore, was a resounding success, fostering dental awareness, community engagement, and nurturing the creative talents of budding dental professionals. Through these initiatives, the event contributed significantly to promoting oral health awareness and strengthening the bond between the dental community and the wider society. The active participation and enthusiasm displayed by students and professionals alike underscore the importance of such events in

creating a positive impact on oral healthcare and community well-being. The Department was decorated on festive mood all throughout the week and please find here with videos and photos of the activity attached.



Dr Vaibhav Mishra
Today at 4:07 AM - Uttar Pradesh

National orthodontic day ride : 58 km
morning ride on 58th birthday of Indian
orthodontic society

A good ride interacting with people and spreading
awareness about orthodontic treatment, proud to be an
orthodontist

ORTHODONTIC AWARENESS CAMP BY INDERPRASTHA DENTAL COLLEGE AND HOSPITAL

9th October 2023.

An oral health check-up camp was organized at Delhi School, Little Flower Public Sr. Secondary School for dental awareness among the young students of Class VI to X. The camp began with an Awareness lecture delivered by Dr. Deepti Yadav, Prof. of Orthodontics and Dentofacial Orthopedics. She showcased a short presentation on Orthodontic Awareness and the need for orthodontic treatment. The student learned the importance of orthodontic treatment in their daily lives. Further, the Head of the department and other faculty and staff members organized a free dental health check-up for the students. A total of 500 students were screened. The students got ample opportunities to interact with staff members to enquire and gain knowledge concerning oral health. Apart from that, the school Principal organized a speech competition on dental health.

Overall, the camp was successful in spreading knowledge among the students.

Dr. Neeta Dua, Principal (Academics) thanked all the members, staff, and the event coordinator for rendering moral and selfless service to the school.



Gums n Braces Dental Clinic, Meerut (Dr. Vaibhav Misra – LM 1713)

Following activities were performed for Orthodontic Week:

- 1) Sixteen unipols (hoardings) were engaged for prime locations throughout Meerut for the whole week with orthodontic awareness banners on them
- 2) Prime time of radio IIMT 90.4, the most popular FM channel in the area was done on orthodontic treatment awareness
- 3) 10000 pamphlets were distributed to major colonies in Meerut in 2 days (5000 each) by newspaper vendors
- 4) 5000 messages were also delivered on mobiles for treatment awareness
- 5) 2 days of cycling rides were done with meerut cycling group and interactions were done, pamphlets circulated and all cyclist wore awareness stickers on their t shirts



Indian Orthodontic Society

PRESIDENT
Dr. JAYESH S RAHALKAR

HON SECRETARY
Dr. SANJAY LABH

RESULTS OF THE IOS WEEK CELEBRATION 2023

Best Smile Transformation	
Position	Name
1 st Place	Dr Rahul Jeswani (LM 4451)
2 nd Place	Dr Ayushi Singh (LM5611)
	Dr Sara A Angel (LM5412)
	Dr Zarin Fathima (SLM 12942)
3 rd Place	Dr Mukesh Kumar (LM1386)
	Dr Rajesh Kuril (LM1658)
	Dr Mafaz Bin Ahsan (SLM13065)

Best Reel	
Position	Name
1 st Place	Institute of Dental Studies & Technologies, Modinagar, UP
2 nd Place	Dr Durgalakshmi M(SLM13853)/Dr Merlin P(SLM13852)
3 rd Place	Dr Sakina Pata (SLM14101)

Best Smile Story	
Position	Name
1 st Place	Dr Malvika Agarwal (LM 5575)
2 nd Place	Rajasthan Dental College and Hospital, Jaipur
	Dr Hemalatha Bajaj (SLM12557)
3 rd Place	Dr Anamika Sharma (SLM12813)
	Dr Akansha Anthwal (SLM 13729)
	Dr Palak K (SLM12558)

Correspondance to
Dr.Sanjay Labh
Hon. Secretary IOS,
Centre for Advanced Dental Care,
Shipra Krishna Vista Plaza,
Indirapuram, Ghaziabad 201014.
Delhi NCR

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Registered Office:
Indian Orthodontic Society
97, Periya Kazhanikattu Street,
Velapadi, Vellore-632001.

Registered with registrar of societies act, Vellore vide no. 75 of 1992

E-mail : secretary@iosweb.net | Web : www.iosweb.net

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Best Department Decor	
Position	College Name
1 st Place	Srinivas Institute of Dental Sciences, Mangalore, Karnataka
2 nd Place	Inderprastha Dental College and Hospital, Ghaziabad, UP
3 rd Place	Ranjeet Deshmukh Dental College & Research Centre, Nagpur (Maharashtra)
	Vinayaka mission's Sankarachariyar Dental College, Salem

Most Innovative Public Awareness Activity	
Position	Name
1 st Place	Mangalore Orthodontic Study Group & Sri Balaji Dental College
2 nd Place	Dr Vaibhav Mishra (LM1713)
	Narayana Dental College, Chintareddypalem, Nellore
3 rd Place	Dr Pratik Chandra (LM 2358)

Most Impactful Public Awareness Activity	
Position	Name
1 st Place	Mangalore Orthodontic Study Group
2 nd Place	RVS Dental College & Hospital, Coimbatore, TN
	Al Badar Dental College and Hospital, Kalaburagi, Karnataka
3 rd Place	M.G.V.'s K.B.H. Dental College and Hospital, Nashik, Maharashtra
	Bangalore Institute of Dental Sciences, Bangalore, Karnataka

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Outreach Camps
Baba Jaswant Singh Dental College, Ludhiana, Punjab
Adhiparasakthi Dental College And Hospita, Melmaruvathur, Tamil Nadu
AMC Dental College and Hospital, Ahmedabad
MES Dental College, Perinthalmanna, Kerala
Patna Orthodontic Study Group

Creative Wire Bending	
Position	Name
1 st Place	Dr. D. Y. Patil Dental College and Hospital, Pimpri, Pune
	ITS Dental College, Hospital and Research Centre, Greater Noida
2 nd Place	Government Dental College & Hospital, Bambolim Goa
	Government Dental College & Hospital, Mumbai
3 rd Place	Bapuji Dental College and Hospital, Davangere

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Poster, Rangoli and Painting
Adesh Dental College, Adesh University, Bathinda, Punjab
Manubhai Patel Dental College, Vadodara, Gujarat.
M.M. College of Dental Sciences and Research, Mullana
M.R Ambedkar Dental College, Bangalore

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Media -Print and TV Coverage
Dr Ajith-TV (LM4929)
Dr Partha Pratim Choudhary-TV (LM2412)
Dr Gyan Prakash Singh-TV (LM1392)
Dr Anand Ambekar-Newspaper Article (LM1252)

Dr. Jayesh S. Rahalkar
President, IOS



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Dr. Sanjay Labh
Honorary Secretary, IOS

Correspondance to
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Hon. Secretary IOS,
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UPCOMING PROGRAM



Sri Guru Ram Das Institute
of Dental Sciences &
Research
Sri Amritsar, Punjab



In association with
Indian Orthodontic Society
is conducting
"PRAGYA"
PG Orientation Program



27th - 28th
Dec 2023
(Wed - Thu)

Venue - The Auditorium, SGRDIDSR

Be Empowered to make a Difference



CHIEF PATRON

Indian Orthodontic
Society



PRESENTS
"PRAGYA"
PG ORIENTATION PROGRAM
27th-28th Dec 2023

S. Harjinder Singh Dhami Advocate
Chairman,
Sri Guru Ram Das Charitable
Hospital Trust,

PATRONS



S. Satbir Singh
Dhami
Secretary,
SGRD Charitable
Hospital Trust



Dr. MS Uppal
Vice-Chancellor,
SGRD University
of Health Sciences



Dr. AP Singh
Dean,
SGRD University
of Health Sciences



Dr. Kavipal Singh
Principal,
SGRD Inst. of Dental
Sciences & Research

CO PATRONS

ORGANIZING COMMITTEE

Organizing
Chairman



Dr. Sukhdeep Singh
Kahlon
Professor & HOD

Organizing
Secretary



Dr. Kamaldeep
Sharma
Professor

Scientific
Chairman



Dr. Chetan Dev
Singh Boparai
Reader

Registration

Dr. Samiksha Chopra
Dr. Hargundeep kaur Banwait

Hospitality

Dr. Perthish Sharma

REGISTRATION DETAILS



EARLY BIRD OFFER

up till 25th November 2023

Rs.3000

After 25th November 2023 - Rs. 3800

REGISTRATION FORM

Click and fill the google form

<https://forms.gle/d7E11s9zBJ3axsDe8>



MODE OF PAYMENT

A/C :- SERVE AND CARE FOUNDATION

Bank Name - Punjab & Sind Bank

Account Number - 08101000102081

IFSC Code - PSIB0000810

SGRD Dental College, Mall Mandi, Amritsar



QR CODE

CONTACT
US

FOR REGISTRATION CONTACT

Dr Samiksha Chopra - 8360586587

Dr Hargun Kaur - 9814124555

Dr Himshikha - 7986187064

FOR ACCOMODATION CONTACT

Dr Pertish Sharma - 8054876608

Dr Danish Khurana - 9803335915

Dr Guneet Sodhi - 9464171816

Organising Chairman: Dr Sukhdeep Singh Kahlon - 9888897473

Organising Secretary: Dr Kamaldeep Sharma - 9417846890

Scientific Chairman: Dr Chetan Dev Singh Boparai - 8566031983

“Rational Ethical Clinical Excellence!!” 2023-‘24



Calendar of Events from September 2023 to September 2024



S. No	Event	Date	Day	Venue / Place	Contact Person	Phone. No	Email id
1.	1 st EC Meeting	17 th September 2023	Sunday	Meerut	Dr. Pradeep Raghav Dr. Vaibhav Mishra	9837175914 9897146669	drpradeepaghav@gmail.com vaibhavmisra@gmail.com
2.	National Orthodontic Week	5 th to 12 th October 2023	One week	All over India			
3.	National Orthodontist Day	5 th October 2023	Thursday	Virtual	Dr. Sanjay Labh	9313483570	sanjaylabh@gmail.com
4.	IOS Friday Rendezvous	20 th October 2023	Friday	Virtual	Academic Council Dr. Ajay Kubavat	9824122642	kubavatajay@gmail.com
5.	Practice Management & Ethical Marketing	28 th , 29 th October 2023	Saturday, Sunday	Hyderabad	Dr. Shubhaker Juvvadi	9949095427	shubhaker@gmail.com
6.	1 st North East Orthodontic Symposium	5 th November 2023	Sunday	Guwahati	Dr. Mitali Bora	9864032051	mitalibora65@gmail.com
7.	Aligner Master Class	17 th November 2023	Friday	Virtual	Academic Council Dr. Sonahita Agarwal	8948254744	drsonahita@gmail.com
8.	Functional Appliance Workshop	23 rd , 24 th November 2023	Thursday, Friday	Lucknow	Dr. Jitendra Bhagchandani	9893289804	jitendrabhagchandani@rocke tmail.com
9.	1 st J&K Orthodontic Symposium	25 th , 26 th November 2023	Saturday, Sunday	Jammu	Dr. Akshay Gupta	9419191628	akshayshivalli@gmail.com
10.	2 nd EC Meeting	3 rd December 2023	Sunday	Virtual	Dr. Sanjay Labh	9313483570	sanjaylabh@gmail.com
11.	JIOS Chronicles Webinar	8 th December 2023	Friday	Virtual	JIOS Committee Academic Council	9840237177	theorthodontist@gmail.com
12.	IBO Awareness Program	11 th December 2023	Monday	Trivandrum	Directors of Indian Board of Orthodontics Dr. Mala Ram Manohar	9895105683	ibosecretary@iosweb.net
13.	Interdisciplinary Symposium	15 th , 16 th December 2023	Friday, Saturday	Bengaluru	Dr. O.P.Karbanda Dr. Silju Mathew	9899062144 9886500333	dr.opk15@gmail.com drsmathew@gmail.com
14.	“Pragya” PG Orientation Program	27 th , 28 th December 2023	Wednesday , Thursday	Amritsar	Dr. Sukhdeep Singh Kahlon	9888897473	singhkahlon@yahoo.com
15.	Orthodontic Symposium	6 th , 7 th January 2024	Saturday, Sunday	Modinagar	Dr. Vaibhav Mishra	9897146669	vaibhavmisra@gmail.com
16.	IBO Awareness Program	7 th January 2024	Sunday	Chandigarh	Directors of Indian Board of Orthodontics Dr. Mala Ram Manohar	9895105683	ibosecretary@iosweb.net
17.	IOS Golf Tournament	8 th , 9 th January 2024	Monday, Tuesday	Coorg	Dr. Gautham Reddy	9900620536	drgouthamreddy2000@gmail .com
18.	“Pragya” PG Orientation Program	12 th and 13 th January 2024	Friday, Saturday	Indore	Dr. Ashish Garg	9826340056	drgargs_1@yahoo.com
19.	IOS Friday Rendezvous	19 th January 2024	Friday	Virtual	Academic Council Dr. Jitendra Bhagchandani	9839289804	jitendrabhagchandani@rocke tmail.com
20.	Practice Management & Ethical Marketing Symposium	20 th , 21 st January 2024	Saturday, Sunday	Ahmedabad	Dr. Ajay Kubavat	9824122642	kubavatajay@gmail.com
21.	Republic Day Celebration	26 th January 2024	Friday	Virtual	Dr. Sanjay Labh	9313483570	sanjaylabh@gmail.com

22.	IBO Phase II (Written Examination)	28 th January 2024	Sunday	Virtual	Dr. Rajaganesh Gautam Dr. Mala Ram Manohar	9890389945 9895105683	ibosecretary@iosweb.net
23.	IOS PG convention	8 th to 11 th February 2024	Thursday to Sunday	Mumbai	Dr. Shaillesh Shenava	9820211581	drsailleshs@yahoo.co.in
24.	3 rd EC Meeting	11 th February 2024	Sunday	Mumbai	Dr. Shaillesh Shenava	9820211581	drsailleshs@yahoo.co.in
25.	Aligner Master Class	16 th February 2024	Friday	Virtual	Academic Council Dr. Ajay Kubavat	98241	kubavatajay@gmail.com
26.	Digital Orthodontics Symposium	29 th February, 1 st March 2024	Thursday, Friday	Kolhapur	Dr. Amir Shaikh	9422613939	amirshaikhortho@gmail.com
27.	Orthodontic Premier League	8 th , 9 th March 2024	Friday, Saturday	Dharwad	Dr. Roopak Naik	9449028869	roopakorthod@gmail.com
28.	JIOS Chronicles Webinar	15 th March 2024	Friday	Virtual	JIOS Committee Academic Council	9840237177	theorthodontist@gmail.com
29.	Third Invisible Orthodontic Symposium	16 th , 17 th March 2024	Saturday, Sunday	Chennai	Dr. Kannan Sabapathy	9840453666	kannanace@gmail.com
30.	IOS Wild life and Clinical photography Workshop – National	22 nd , 23 rd , 24 th March 2024	Friday to Sunday	Kabini	Dr. Raghunandan Chundri	9845187614	draghucvl@yahoo.com
31.	Clinical Grandeur - IOS Symposium on Clinical Case Report and online IBO Awareness Program	28 th , 29 th March 2024	Thursday, Friday	Virtual	Dr. Suryakant Das Dr. Rajaganesh Gautam	9861099237 9890389945	orthosuryakantadas@gmail.com rajaganeshgautam@yahoo.co.in
32.	20 th Mid-Year Convention	7 th April to 14 th April 2024	Sunday to Sunday	Destination will be soon disclosed	Dr. Gaurav Gupta	9860467872	drguravg@gmail.com
33.	Bond with Best – Clinical Enrich	19 th , 20 th April 2024	Friday, Saturday	Pune	Dr. Rajaganesh Gautam	9890389945	rajaganeshgautam@yahoo.co.in
34.	4 th EC Meeting	21 st April 2024	Sunday	Pune	Dr. Anand Tripathi Dr. Gaurav Gupta	9422560650 9860467872	anand.tripathi86@gmail.com drguravg@gmail.com
35.	IOS Friday Rendezvous	26 th April 2024	Friday	Virtual	Academic Council Dr. Sonahita Agarwal	8948254744	drsonahita@gmail.com
36.	IOS contingent at AAO 2024 Global Indian Orthodontists Get Together	3 rd to 6 th May 2024		New Orleans, Louisiana	Dr. Jayesh S Rahalkar Dr. NikhileshVaid	9822056681 9820644222	jayeshrahalkar@gmail.com orthonik@gmail.com
37.	World Orthodontic Health Day National Orthodontic Diagnostic Drive	15 th May 2024	Wednesday	Pan India	Head Office Study Groups Orthodontic departments in Dental Colleges all over the country Pan India		
38.	Aligner Masterclass	17 th May 2024	Friday	Virtual	Academic Council Dr. Jitendra Bhagchandani	9839289804	jitendrabhagchandani@rockemail.com
39.	National Integrated Typodont Workshop – North Zone	29 th , 30 th , 31 st May 2024	Wednesday, Thursday, Friday	Noida	Dr. Anshul Singla	9871455802	dr.anshul@yahoo.co.in
40.	Zonal PG Convention – South Zone	3 rd , 4 th and 5 th June 2024	Monday, Tuesday, Wednesday	Malappuram, Kerala	Dr. Sam Paul	8921406622	info@exodusdental.com
41.	JIOS Chronicles Webinar	14 th June 2024	Friday	Virtual	JIOS Committee Academic Council	9840237177	theorthodontist@gmail.com
42.	Zonal PG Convention – North Zone	21 st , 22 nd , 23 rd June 2024	Friday, Saturday, Sunday	Muradnagar, Ghaziabad	Dr. Payal Sharma	9212708451	drpsharma25@yahoo.com
43.	National Integrated Typodont Workshop – South Zone	27 th to 29 th June 2024	Thursday to Saturday	Davangere	Dr. Kiran Kumar	9886040122	kiranortho77@gmail.com

44.	ROAR	3 rd July 2024	Wednesday	Virtual	Dr. Vignesh Kailasam	9840237177	theorthodontist@gmail.com
45.	IOS National Cleft Workshop	5 th , 6 th July 2024	Friday, Saturday	Patna	Dr. Amesh Golwara	9931633001	drameshgolwara@yahoo.com
46.	National Integrated Typodont Workshop – East Zone	10 th , 11 th , 12 th July 2024	Wednesday, Thursday, Friday	Vizag	Dr. Srikrishna Chalasani	9849477777	orthodontist7@gmail.com
47.	5 th EC Meeting	14 th July 2024	Sunday	Delhi	Dr. Sanjay Labh	9313483570	sanjaylabh@gmail.com
48.	IOS Friday Rendezvous	19 th July 2024	Friday	Virtual	Academic Council Dr. Sanjeev Verma	9872172628	drsanjuverma@yahoo.com
49.	National Integrated Typodont Workshop – West Zone	24 th , 25 th , 26 th July 2024	Wednesday, Thursday, Friday	Baroda	Dr. Kalpesh Patel Dr. Pranav Chandarana	9898107502 8866204757	drchandarana@gmail.com
50.	4 th Innovation Conclave & Crafting Research Symposium	8 th , 9 th August 2024	Friday, Saturday	Hybrid	Dr. Harneet Kaur Dr. Priyanka Kapoor	9871467002 9891914997	dr.harneetkaur@gmail.com pkapoor@jmi.ac.in
51.	IOS Wild life and Clinical photography Workshop – International	11 th to 17 th August 2024	Sunday to Saturday	Madikwe, South Africa	Dr. Matrishwa Vyas	9890220648	matrishva@gmail.com
52.	Independence Day	15 th August 2024	Online	Virtual			
53.	Aligner Master Class	16 th August 2024	Friday	Virtual	Academic Council Dr. Sanjeev Verma	9872172628	drsanjuverma@yahoo.com
54.	IOS Chronicles – JIOS Symposium	22 nd , 23 rd August 2024	Thursday, Friday	Chennai	JIOS Committee Dr. Vignesh Kailasam	9840237177	theorthodontist@gmail.com
55.	Pre – Conference Courses	18 th September 2024	Wednesday	Bengaluru	Dr. Silju Mathew Dr. Anup Belludi	9886500333 9632629555	drsmathew@gmail.com dranupbelludi@gmail.com
56.	CDIBO	19 th September 2024	Thursday	Bengaluru	Dr. Mala Ram Manohar	9895105683	ibosecretary@iosweb.net
57.	EOGM	19 th September 2024	Thursday	Bengaluru	Dr. Sanjay Labh Dr. Amit Bhardwaj	9313483570 9826550696	sanjaylabh@gmail.com jointsecretary@iosweb.net
58.	6 th EC Meeting	20 th September 2024	Friday	Bengaluru	Dr. Silju Mathew Dr. Anup Beludi	9886500333 9632629555	drsmathew@gmail.com dranupbelludi@gmail.com
59.	Study Group Conveners' Conclave	20 th September 2024	Friday	Bengaluru	Dr. Silju Mathew Dr. Anup Beludi	9886500333 9632629555	drsmathew@gmail.com dranupbelludi@gmail.com
60.	58 th IOC	20 th to 22 nd September 2024		Bengaluru	Dr. Silju Mathew Dr. Anup Beludi	9886500333 9632629555	drsmathew@gmail.com dranupbelludi@gmail.com
61.	AGM	21 st September 2024	Saturday	Bengaluru	Dr. Sanjay Labh Dr. Amit Bhardwaj	9313483570	sanjaylabh@gmail.com
62.	Valedictory Function	22 nd September 2024	Saturday	Bengaluru	Dr. Silju Mathew Dr. Anup Beludi	9886500333 9632629555	drsmathew@gmail.com dranupbelludi@gmail.com